

Sicilian-Style Short Ribs



Preparation time: 0 min

Difficulty: Medium

Ingredients

- Beef short ribs: 8 to 10 (about 5 lbs.)
- Chopped toasted pine nuts: ½ cup
- Cinnamon: ½ tsp.
- Dry red wine: 1 cup
- Finely chopped carrot: ¾ cup
- Finely chopped celery: ¾ cup
- Finely chopped fresh flat-leaf parsley: 2 tbs.
- Finely chopped garlic: 2 tbs.
- Finely chopped onion: ¾ cup
- Ground cloves: 1/8 tsp.
- Kosher salt: To taste
- Lemon zest: 1 tsp.
- Nutmeg: ½ tsp.
- Olive oil: 1/4 cup

For this recipe we used:

Tomato Sauce 6 cups



Preparation

Place a rack in the center of the oven and heat the oven to 325°F.

Generously season the ribs with salt and pepper. In a 7- to 8-quart Dutch oven or heavy-duty pot, heat 2 Tbs. olive oil over medium-high heat. Sear half of the ribs, without crowding them, on the three meaty sides, about 2 minutes per side, then transfer to a glass plate or large bowl. Add 2 Tbs. oil to the pan, and repeat with the remaining ribs.

Add the onion, celery, and carrots and sauté until the vegetables are just tender, stirring constantly about 2 minutes. Add the garlic, cinnamon, nutmeg, and cloves. Cook for another 15 seconds, until the spices are aromatic, add the wine to deglaze, then add **Pomi tomato Sauce** and bring to a boil. Return the ribs to the pot, place a crinkled piece of parchment on the surface of the ribs and sauce, cover with the lid, and place in the oven for 4 to 4½ hours, until the ribs are tender and just beginning to fall off the bone. Remove the ribs and keep warm. Remove any excess oil from the surface. Bring the sauce to a boil.

In a small bowl, combine the pine nuts, parsley, and lemon zest.

Serve the ribs with some of the sauce, and top with some of the pine nut mixture.