

Goulash

Preparation time: 105 min

Difficulty: Medium

Ingredients

• Bay leaves: to taste

• Beef stew in rather large cubes: 2.2 lbs.

• Extra-virgin olive oil: to taste

Flour: to taste
Garlic: to taste
Marjoram: to taste
Red wine: 2 glasses
Rosemary: to taste
Salt: to taste

• Sweet paprika: to taste

• White onions: 5



Preparation

In a non-stick pan, sauté the onion with the oil; as soon as the onion gets golden, add the meat and let everything brown over medium heat.

Then pour the red wine, a tablespoon of flour and sweet paprika, **Pomì Tomato Sauce**, marjoram, bay leaves, garlic clove and rosemary. Adjust the salt and let bake on low heat for at least 1 hour and 30 minutes, stirring occasionally. Add water if the meat dries too much during cooking.

For this recipe we used:

Tomato Sauce 3 tablespoons

