

Sauteèd squilla mantis shrimps and prawns



Preparation time: 30 min

Difficulty: Easy

Ingredients

- Basil: to taste
- Black pepper: to taste
- Fresh and cleaned squilla mantis shrimps: 12
- Fresh prawns: 20
- Parsley: to taste
- Salt: to taste
- White onion: ½

For this recipe we used:

Organic Chopped Tomatoes 7 oz.



Preparation

Sauté the chopped onion in an drizzle of oil, then add the prawns and squilla mantis shrimps previously cleaned and cut into pieces.

Add the **Pomi Organic Chopped Tomatoes** previously sifted and cook for about 10 minutes.

Adjust salt and pepper.

Serve the sauté by adding parsley and fresh basil.