

## Wholegrain pasta with mussels

Preparation time: 30 min

**Difficulty**: Easy

## **Ingredients**

Basil: to tasteEVO oil: to taste

• Fresh chilli pepper: to taste

Garlic: 2 clovesMussels: 17,6 ozSpaghetti: 11,2 oz



## **Preparation**

- 1. Coax the mussels open in a pan with some oil, a garlic clove and fresh chilli pepper.
- 2. Once open, remove them from the shell and filter the resulting cooking water.
- 3. Finely chop some of the mussels and leave some whole to garnish with.
- 4. In the meantime, place the spaghetti in salted water and the chopped mussels in a pan with some oil, garlic, basil, the mussel broth and the **Chopped Tomatoes.**
- 5. Drain the pasta after 2/3 of cooking time and finish cooking them in the pan as the sauce reduces.
- 6. Place on a dish and garnish with the whole mussels and some fresh basil.

## For this recipe we used:

None 11,2 oz

