

Instant Pot Tomato Soup



Preparation time: 45 min Difficulty: Easy

Ingredients

- Extra Virgin Olive Oil: 1/4 cup
- Fennel seeds, lightly crushed: 1 spn
- Fennel, thinly sliced: 1 bulb
- Greek yoghurt: 1 tbsp
- Ground black pepper: 1/2 tsp
- Kosher salt: 1 tsp
- Onion, thinly sliced: 1
- Pomì Chopped Tomatoes: 1 26.46 oz box
- Pomì Strained Tomatoes: 1 26.46 oz box
- Sugar: 1 tbsp
- Unsalted butter: 3 tbsp

For this recipe we used:

Strained Tomatoes 26.46oz



Preparation

Directions:

- 1. Heat oil in Instant Pot on the Sauté setting then add onions and sliced fennel and season with 1/2 teaspoon kosher salt. Cook, stirring occasionally, until vegetables start to soften.
- 2. Add paprika powder and fennel seeds and stir to coat vegetables with spices.
- 3. Continue stirring for 10 minutes and add 1 carton box of Pomi Chopped Tomatoes, 1 carton box of Pomi Strained Tomatoes, and 1 cup of water to pot. Season with kosher salt and black pepper.
- 4. Seal lid, set to Sealing and cook on High Pressure for 15 minutes.
- 5. Release pressure manually, then uncover and add butter and the sugar to the soup.
- 6. Using an immersion blender directly in the pot, blend until smooth.
- 7. Taste and adjust seasoning if needed with kosher salt and/or black pepper.
- 8. Ladle soup into warm bowls and serve with a dollop of Greek yogurt, fennel seeds and fennel fronds.