

Tofu and Asparagus Sautée

Preparation time: 25 min

Difficulty: Easy

Ingredients

Asparagus: 3.5 oz.Black pepper: to taste

Leek: 1Oil: q.b.

· Paprika: to taste

Salt: q.b.Tofu: 10 oz.



Preparation

Dice the tofu and sautee it in a pan along with the chopped leek. Meanwhile, steam the asparagus and leave them a slightly crunchy.

Cut them in pieces and add them to the pan with the tofu. Continue to cook. Add the paprika, salt and pepper.

Add Pomì diced tomatos and let cook until the water in the tomato sauce has evaporated, at least 15 minutes.

For this recipe we used:

None 14,1 oz

